

# Hy-Care

## Instructions for Use

**IMPORTANT:** read instruction leaflet carefully before use

MULTIPURPOSE SOLUTION WITH A NATURALLY OCCURRING LUBRICANT

For use with all soft contact lenses, including silicone hydrogel.

### Indications for use

Cleans, disinfects, stores, wets, lubricates, rinses and removes deposits.

THE VAST MAJORITY OF PROBLEMS ASSOCIATED WITH CONTACT LENS WEAR ARE CAUSED BY FAILURE TO FOLLOW THE CONTACT LENS CARE INSTRUCTIONS EXACTLY.

Do not change from the solutions recommended by your contact lens practitioner.

To avoid problems and to ensure comfortable contact lens wear it is important that you follow stages 1, 2 and 3 every day.

### Stage 1 – cleaning

Wash, rinse and dry your hands before handling the lenses. Place each lens in the palm of your hand and pour on a few drops of your multipurpose solution. Gently rub both sides of the lens with the tip of forefinger for 15 - 20 seconds.

### Stage 2 – rinsing

After cleaning, rinse your lenses with your multipurpose solution.

### Stage 3 – disinfecting

Remove the lid from your contact lens case, and place your left lens in the left compartment and right lens in the right compartment of your case, fill the case almost to the brim with multipurpose solution and securely tighten the cap. Leave lenses to soak for at least four hours or overnight.

It is recommended that lenses are re-disinfected after prolonged periods of storage, i.e. seven days or more.

### CARE OF LENS CASE

After using your contact lens case, thoroughly rinse with your multipurpose solution, or sterile saline and allow to air dry. Do not use soap or detergents. Contact lens cases should be kept dry when not in use and replaced frequently as recommended by your contact lens practitioner. Do not rinse contact lenses or your lens case with water directly from the tap.

### LENS COMFORT

To improve comfort and wettability of your lenses, a few drops of multipurpose solution may be applied to both surfaces of the lens prior to insertion into the eye.

### PRECAUTIONS

- DO NOT MIX WITH OTHER FLUIDS.
- Consult your contact lens practitioner before using any eye medication while wearing your contact lenses.
- Do not use if tamper-evident seal is damaged.
- In the event of persistent eye irritation, discontinue use immediately, remove lens from the eye and consult your contact lens practitioner.
- Discard contents of bottle three months after opening.
- Keep all contact lens care products away from children.
- Do not remove cap from case during contact lens storage.
- Do not allow the nozzle tip to touch any surface.
- Always replace bottle cap after use.
- Store between 4°C and 30°C.

- Do not rinse contact lenses or lens case with water directly from the tap.
- Your lens storage case should be cleaned regularly and changed frequently as recommended by your contact lens practitioner.
- To ensure that eye safety is not compromised, you should never re-use the solution. If lenses are stored for more than 7 days in the solution, it is recommended that you repeat the disinfection procedure.
- Do not use after expiry date indicated on the bottle and carton.
- During disinfection always keep your lens case in an upright position and in a safe place (away from children).

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